

VOL VII NO 8

AUGUST 1987

TINKER AFB, OK

Reserve Fair Day set for November

By TSgt. Brenda Young Enlisted Advisory Council Chairman

The 507th Tactical Fighter Group will have its Reserve Fair Day/Family Picnic Nov. 14 from 7:30 a.m. to 4 p.m. The cost is \$1 per person. Those under three-years-old are admitted free.

All 507th members are encouraged to bring their civilian employers to Reserve Fair Day. This will give you the chance to better explain and demonstrate our mission to your employer.

Units tentatively scheduled to provide displays include CAMS with an egress demonstration and F-4D aircraft static display, the 507th fire department, weapons system security flight, disaster preparedness, TAC clinic and the comm squadron.

Besides the the displays, activities will include games and lunch. Each reservist must purchase tickets before the end of Aug. 30 UTA. Tickets are available through your unit Enlisted Advisory

Patriot Polar said to be success

The 507th TFG made its presence known with its F-4Ds while deployed to Elmendorf AFB, Alaska July 12-26. Patriot Polar 87 was a combined training exercise with the Alaskan Air Command using air-to-air and air-to-ground tactical manuvers. The F-4Ds flew against F-15 Eagles and A-10 Thunderbolts.

Hosted by the 21st Tactical Fighter Wing, the unit received training using Alaska's terrain that provided the realistic environment needed for the aircrews and maintenance troops.

Photos and more information on the deployment will be in the September Onfinal.

Council member. The ticket is also your pass to get the meal so don't'lose it.

The menu includes Mongolian BBQ. Mongolian BBQ is thinly cut strips of beef, pork and poultry stir-fried with fresh vegetables and sauces. Hard to describe but excellent to eat.

Don't miss out. Pay the dollar per person, get your ticket and come out to Reserve Fair Day for a good time Nov. 14.



Top graduate at tech school

SSgt. William R. Nickerson, a 507th TFG firefighter, recently returned from Fire Protection Specialist School at Chanute AFB, Ill. Sergeant Nickerson was named Honor Graduate by maintaining a course average of 97 percent or greater during the six-week course. When not on duty at Tinker, he maintains his proficiency in firefighting skills on his civilian occupation as a Crash Firefighter at Will Rogers World Airport in Oklahoma City. (USAF photo by Capt. Robert Klabzuba)

Heads Up From Doc Stress effects many problems in life

by Col. Ollie Dehart 507th TAC Clinic

Stress can cause events as serious as fatal aircraft accidents or as minor as a spilled cup of coffee. Listing all of stress's effects would take an uncountable number of pages.

Stress can be dealt with even though the causes are sometimes hard to pinpoint. Some effective measures for dealing with stress, listed in Flying Safety magazine, are useful for flyers and nonflyers alike.

Some tips on dealing with stress include:

Are you set for October

A Unit Effectiveness Inspection (UEI) is scheduled for the 507th TFG Oct. 1-7. The UEI is one of the toughest inspections any Air Force unit undergoes. Every 507th member will be involved.

A UEI focuses on economical management of resources, unit management processes, compliance with current applicable directives and AF/MAJCOM designated special inspection items. The inspection will consist of observation, examination, audit, analysis, and investigation to evaluate each functional area for its capability to accomplish responsibilities and tasks.

While many items the inspectors will based on traditional checklists (done or not done), inspectors may also use their own judgement and experience in evaluating the effectiveness and efficiency in each functional area. Favorable consideration may be given for innovative actions that:

1) Assign priority to stated or implied wartime tasks and involve subordinates in the preparation for those tasks.

2) Concentrate resources the on effective and efficient performance of stated functional mission.

3) Are reflected in high unit morale, esprit de corps, and initiative.

4) Emphasize the principles of span of control and delegation of authority.

1. Get adequate rest before doing anything important.

2. Take time off and don't think about work all the time.

3. Don't take work home with you.

4. Don't go to bed angry. 5. Eat a well-balanced diet.

6. Take time to exercise regularly.

7. If you have a problem admit it and work to eliminate it ... especially if it involves stress problems.

8. Be realistic in setting goals.

9. Learn to say NO! Don't take on more than you can handle.

10. Remember -- there is no argument that can't be postponed until tomorrow. Time is the best collant for the fires of anger.

5) Demonstrate concern for quality of life, as reflected in people programs, considering resources available to support them.

any inspection, first impressions are important, such compliance with AFR 35-10 (haircuts, and proper wear of the uniform, etc.).



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"The editorial content is edited, prepared, and provided by the Public Affairs Office of the 507th Tactical Fighter Group, U.S. Air Force Reserve, Tinker Air Force Base, Oklahoma."

Lt. Col. James L. Turner

Commander

2nd Lt. Rich Curry TSgt. Cathi Benedict

Chief, PA NCOIC

507th lottery could find "big" losers

There is one lottery that winning might turn out to be losing. Every month before UTA, the Social Actions Office with the help of unbiased witnesses, conducts a random drawing that selects 13 people to participate in the Drug Testing Program.

This test is one that cannot be studied for since a postive result is generally grounds for discharge and possible other actions under the Uniform Code of Military Justice.

According to Maj. Sanford Kutner, Social Actions chief, the process to find people to test starts with a toss of a coin. "The first toss of the coin decides which unit gets selected," said the major.

"We have it split out by unit size. Once the units are selected for testing, we then select those people in the units with the correct number in the Social Security Number," the major added. The key number used in the selection process is usually the eighth digit.

Once the unit and the key number is selected the primary people are selected and once they are determined, then alternate names are drawn. Alternates can one be used if the primary is absent, TDY or at school. "Otherwise, the primary must test," said Major Kutner.

Major Kutner said that the randomness of the selection process so far has proved to be quite fair. "During the first nine months of the testing four squadron commanders have been selected as well as two of four Social Actions personnel including the chief. Even Lt. Col. James L. Turner, 507th TFG commander, has been tested."

During the first six months of drug testing approximately three percent of all reservists tested nationwide have turned up positive. And, according to Major Kutner, the 507th has only had one positive test since the testing began.

"One thing we want understood by everyone," Major Kutner continued, "is that even if you test one month, that

doesn't mean your name can't surface again in the following months."

Once you are notified Sunday morning for testing, it is advisable to consume as much liquid as possible since a 60 milimeter bottle must be filled before the testee can be dismissed from the clinic area. "We take precautions with the sample to insure that the chain of custody is not broken," added Major Kutner. "From the time the jar is handed to the individual until the specimen is tested at the lab at Brooks AFB, Texas we have the chain of custody well documented."

NCO, Airman of Quarter announced

SSgt. Wayne Taylor and AlC Monte Buchanan were selected as the 507th Tactical Fighter Group NCO and Airman of the Quarter, April-June 1987.

Sergeant Taylor works in the 465th Tactical Fighter Squadron as the acting first sergeant. Airman Buchanan is a personnel utilization specialist assigned to the 507th Combat Support Squadron.

"The Constitution of the United States . . . is the most perfect Federal Constitution that ever existed . . ."

> —Alexis de Tocqueville, French statesman, author

Top floor offices move to trailers

Looking for the people who work on the top floor of building 1043? People and office equipment from the second floor moved August 14-15.

The offices are now located in the trailers behind building 1043. Phone numbers have stayed the same

Offices making the move were Finance, Resource Management, and the entire Personnel section. The move was made with the help of CAMS personnel in "B" group so the entire top floor could be remodeled. The offices are scheduled to return to their remodeled offices in October.



TSgt. Michael J. Schuman, SrA. Lora Noeker and SSgt. Mark W. Parsons, 507th TAC Clinic, transfer Capt. (Dr.) Brian D. Coerver in the patient decon center using a three-

man carry. During the deployment to Germany clinic members had the opportunity to wear the new gas masks that offer better visibility. (USAF photo by MSgt. Jerry Jackson)

Clinic receives its training in Germany

by TSgt. Vanessa Elliot-Ramsey and TSgt. Hiroko Yates 507th TAC Clinic

The 507th TAC Clinic deployed to Spangdahlem AB, Germany July 14-28 for its annual tour. This is the clinic's first overseas deployment since June 1978.

The first week of the tour was spent receiving Intensive Continued Medical Readiness Training from the host medical unit, USAF Clinic Spangdahlem.

The field training exercise included classroom lectures along with a practical application of readiness training. This included wartime skill training such as triage, first aid decomtamination, field sanitation, litter-carry through an obstacle course, map and compass reading along with tent pitching.

The second week covered on-the-job training and clinical practice. During this week, 507th TAC Clinic members were

introduced to the Survivable Collective Protection System-Medical. This is a self-contained medical treatment facility built partially underground as a chemical defense shelter.

The training the unit received was considered by many clinic members to be truly unique since the design of the Spangdalem facility is the only prototype of its kind in the Air Force.

TAC Clinic members consider the Spangdahlem deployment a highly successful one for the unit. "The staff at Spangdahlem provided well-structured training and proved to be a enthusiastic host for us," said MSgt. Carol Abberton, medical technician. "Several areas of needed training was accomplished by 507th TAC Clinic members."

During their off-duty time, members were given the opportunity to travel and take in the sights of Germany and neighboring NATO countries.

507th members render assistance on daily basis in Oklahoma or in Arizona

On duty or off, Mark Donaldson is always prepared to practice his craft. His craft? Paramedic.

This summer has been a real challenge to Donaldson, a Nationally Registered paramedic. Beginning with the longest legislative day in Oklahoma history. Donaldson, a firefighter and staff sergeant with the 507th Civil Engineering Squadron, provided treatment to one person for exhaustion and another who had fallen down some stairs. During the session, that ended up lasting a straight 50+ hours, Donaldson treated approximately 25 people.

A few days later, Sergeant Donaldson was at Luke AFB with other members of the 507th CES pulling their annual tour. And again, the sergeant got the opportunity to practice his life-saving craft.

With Sgt. John A. Ratterman, SSgt. Nathan D. Shipman and TSgt. Larry D. Smizer, Sergeant Donaldson and his car full of reservists came upon a car accident in the desert. It was a one-car accident in which the vehicle had rolled over. Three people were involved in the accident.

Immediately stopping to render emergency aid, the 507th firefighters calmed down one of the victims who was uninjured but hysterical. Another passenger who had not been wearing a seatbelt had a lightly lacerated scalp and badly cut knees. Sergeant Donaldson, aided by the other members of the unit, controlled the bleeding by pressure until the ambulance arrived. The third person was uninjured but unable to give assistance to the other two.

From the desert roads of Arizona to the halls of the Oklahoma State Capitol, members of the Air Force Reserve are active in saving lives and helping those in need.

Firefighters train with new equipment in Arizona during annual tour

By TSgt. Jerry McBride 507th Fire Department

Firefighters of the 507th recently returned from their annual tour at Luke AFB, Ariz. During the tour, firefighters trained for its future mission in the 507th using the new crash rescue vehicle, the P-19.

The Air Force is replacing the older P-4 crash vehicle with the newer P-19 for mobility. If mobilized, the P-19 would be used by the 507th firefighters. At the present time the Tinker Fire Department does not have the P-19 assigned to them.

507th firetighters spent many hours in classes as well as hands-on-training learning to operate the P-19. They were also given the opportunity to practice

extinguishing fuel fires with the P-19. Fires were extinguished using water, which is more difficult than using foam but allowed firefighters to develop good techniques.

Along with gaining experience on their new firefighting equipment, Luke AFB gave the firefighters the opportunity to practice their techniques on the F-16. They performed practice egress to be ready to support the new aircraft being assigned at the 507th.

While at Luke, the firefighters were assigned to regular 24-hour shifts with the Luke Fire Department. During the shifts, firefighters responded to 78 calls, most involving aircraft emergencies and standing-by during aircraft operations.



MSgt. Leslie Williams

Williams takes advantage of travel benefits offered by overseas duty

by MSgt. Tom Clapper Civil Engineering Squadron

The first temptation is to ask MSgt Leslie Williams where he has traveled during his time with the military. The names and locations begin to flow: Woensdrecht AB, Germany, Kimpo AB and Osan AB, Korea, Yokota AB, Japan, Naha AB, Okinawa, Incirlik AB, Turkey. Across the U.S. and throughout the world, Sergeant Williams has traveled in support of Air Force deployments and operations.

As NCOIC of the 507th Civil Engineering Squadron Prime RIBS (Readiness In Base Services) team, this top cook gets many opportunities for TDY and has taken advantage of them.

Because of his experiences, Sergeant Williams is also capable of teaching history as well as geography. During World War II, he served with the Army in Hawaii. After the war he joined the Air Force where he served with the all black 332nd at Lockburne AFB, Ohio.

While assigned there, he served under now retired Gen. Benjamin O. Davis Jr. He also served under the late Gen. Chappie James.

During the Korean War, Sergeant Williams was assigned to the 51st Fighter Wing at Osan AB.

Sergeant Williams considers the time he spent with Operation Bright Star in the early 1980s his most interesting. A Strategic Air Command exercise, Bright Star took place in Cairo West, Egypt.

Some CES members enjoy annual tour in Italy.

See page 8 for more information.



This is Las Vegas?

SSgt. Larry Jimison and Sgt. Don Ellis take a break from the action during Silver Flag Alpha '87 in the Nevada desert. 507th Weapons System Security Flight members trained at Nellis AFB July 5-19. Using their imagination and ingenuity, WSSF members constructed the sign out of shoe polish and sweat. (USAF photo by Maj. Roger Barr)

Two WSSF members deal with 'real world' stabbing during deployment to Nevada

"We were between school and Silver Flag Alpha training. We were out trying to enjoy the 'real world' before we went out to the desert," said AlC Jeffrey McComas, 507th Weapon System Security Flight. What the real world brought Airman McComas and Sgt. Daniel Cramer was the opportunity to put into practice the first-aid training they received through their unit's First Aid program.

"We had just stopped at this hotel to pick up a rental car and we overheard the hotel operator say something about a stabbing," said Airman McComas. "The operator was talking to the paramedics. When she got off the phone Cramer and I asked if we could help."

After learning the room number and the amount of time the ambulance would take to get to the hotel, McComas and Cramer decided—to take charge of the situation.

"We were told by the hotel operator there was supposed to be two people in the room but when we got upstairs there was only one and he was on the floor in the room. We applied direct pressure to his wounds and made sure he was breathing. He was covered in blood. It was truly interesting. The help we were able to give was due to our training in first-aid and buddy care," said Airman McComas.

The paramedics arrived 15 minutes later and commended the reservists for their actions. "We were told that our quick thinking and the first-aid we gave could possibly be credited with saving the victim's life," said Airman McComas.

School loans available

What is a General Henry H. Arnold Guaranteed Student Loan? It is a low-interst loan offered to children of Air Force members and authorized by the federal government to help pay for the cost of their education beyond high school.

Children of members of the Air Force Reserve are also eligible. With the beginning of the Fall 87 semester just around the corner, these funds may come in handy for the parents and children. This is just one of the many benefits offered to you as reservists.

Another education loan available is the Gen. George S. Brown loan for reserve members and their spouses. The Air Force Aid Society, inconjunction with United Students Aid Funds, assists members in financing the cost of higher education.

For more information on Educational Assistance and other reserve benefits, contact your unit career advisor.

Prime RIBS spends annual tour in Italy

It was a small but enthusiastic contingent of 507th personnel who pulled their annual tour at Aviano AB, Italy. Led by MSgt. Leslie Williams, NCOIC of the Prime RIBS team from the 507th Civil Engineering Squadron, six cooks and two services personnel assisted the 40th Tactial Fighter Wing during its Operation Readiness Inspection.

Work performed required wearing chem warfare year up to 12 hours a day for the

six day exercise. Gas masks were also worn up to eight hours a day while the prime RIBS team was in the field. 507th services people also worked with base billeting working a mock-morgue during the exercise.

The 507th team is credited with helping the Aviano unit pass its ORI. According to Sergeant Williams the 507th team knew they passed the test when the 40th TFW asked them to return again.

UTA SCHEDULE

October 3-4*	April 16-17
November 14-15	May 21-22
December 12-13	June 18-19
January 9-10	July 16-17
February 20-21	August 20-21
March 19-20	September 17-18

Offschedule UTA for 403rd CLSS and 507th CSS

November 7-8 (403rd only), February 6-7, April 9-10, August 13-14

*The 12th Air Force Unit Effectiveness Inspection will be October 1-7.

PAY DATES

Document File Date	Scheduled Pay date
August 26	September 4
September 3	September 15
September 10	September 18
September 21	September 30
September 29	October 9
October 7	October 15

The pay date for the second August UTA is September 15. The October UTA pay date is October 15.

To meet the scheduled pay dates, the military pay section must have the necessary documentation by 10:30 a.m. to meet the deadline.

For more information, call 507th TFG pay section at 734-7207.

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